Act **F.A.S.T. and call 9-1-1 IMMEDIATELY at any sign of a stroke**!

**Warning signs of a stroke.**

**FACE:**
Ask the person to smile.
Does one side of the face droop?

**ARMS:**
Ask the person to raise both arms.
Does one arm drift downward?

**SPEECH:**
Ask the person to repeat a simple phrase.
Is their speech slurred or strange?

**TIME:**
If you observe any of these signs, it’s TIME to call 9-1-1.

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**NOTE THE TIME WHEN ANY SYMPTOMS FIRST APPEAR.** If given within three hours of the first symptom, there is an FDA-approved clot-buster medication that may reduce long-term disability for the most common type of stroke. There are also two other types of stroke treatment available that might help reduce the effects of stroke.

*Learn the following stroke symptoms:*
- SUDDEN numbness or weakness of face, arm or leg - especially on one side of the body.
- SUDDEN confusion, trouble speaking or understanding.
- SUDDEN trouble seeing in one or both eyes.
- SUDDEN trouble walking, dizziness, loss of balance or coordination.
- SUDDEN severe headache with no known cause.

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**Call 9-1-1 immediately** if you have any of these symptoms

Note the time you experienced your first symptom. This information is important to your healthcare provider and can affect treatment decisions.